

COVID 19 SPECIFIC CONSIDERATIONS FOR SEYFC



HEALTH CHECKS, INJURIES AND ILLNESS If there is a first aider or other medical personnel present, they should be equipped with the appropriate Personal Protective Equipment (PPE) before treating anyone to protect themselves and others should they need to compromise social distancing guidelines to provide medical assistance during training or matches. They should have updated themselves on any changes in first aid procedure that will be required as a result of the pandemic. This should be obtained from their training organisation or from Resuscitation Council guidance. 1. **HEALTH CHECKS AND INSURANCE** Before travelling to the session Clubs should request that each participant undertakes the following self-screen check list before travelling to a training session or other football activity. If they answer 'yes' to any one of them they should not travel to the training session and follow all applicable Government Guidance (e.g. call NHS 111). It is important to remember some people can pass on the virus before they develop symptoms, or never have symptoms despite being infectious. Despite everyone's best efforts, these cannot be screened out of training.

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check Negative	Check Positive
A high temperature (above 37.8o C)		
A new continuous cough.		
Shortness of breath.		
A sore throat.		
Loss of or change in normal sense of taste or smell.		
Feeling generally unwell.		
Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.		

Arrival at the venue Coaches at the club should check that each participant completed the self-screen check list before attending and if so, if the self-screen checks were negative for all participants. Ensuring everyone understands the importance of this simple process being completed before travelling is essential to avoid potential transmission. If a participant says they forgot to self-check before their arrival, then the coach should ask them the health check questions before they join any group at the facility. If they answer 'yes' to one or more of the questions, participants must not take part in the activity and should be told to safely return home.

INJURIES If a player gets injured, a member of their household or support bubble, can aid them if for example they are watching from their car, but others will still need to socially distance unless a life threatening, or serious injury necessitates compromising guidelines to provide emergency care. In all cases, NHS guidance on further management should be followed.

INSURANCE • Clubs must ensure that the relevant Insurance provisions (public liability and personal accident cover) are in place and that there is suitable cover for training sessions and other football activities taking place during the Covid-19 pandemic. See footnote 1. – Even with the insurance cover, clubs must still follow Government guidance, to ensure that they do not risk invalidating their insurance cover.

SESSION PLANNING

Equipment Clean equipment between uses: – Identify who will regularly maintain the equipment hygiene e.g. balls, cones, goalposts and bibs; – Thoroughly clean the equipment e.g. balls, cones, goalposts, etc.; – Bibs should not be used unless they can be washed between sessions. • Limit sharing of equipment where possible: – Ensure equipment is handled as little as possible by as few people as possible; – Each participant should bring to training their own water bottles, sun cream and medication each of which should be clearly labelled with their name. • Have strict hand hygiene: – If individuals are going to share equipment, including balls, always ensure the individuals' hands are thoroughly cleansed using alcohol-based hand gel, if clean running water and soap are not available, before and after use.

Activity Keep a register of anyone attending sessions, to help manage 'NHS test and trace', if an infection is reported to someone present. • Clubs should carefully plan each training session or football activity and ensure that they are structured to ensure that the Government guidance are maintained. • Consider whether pitch markings or cones can be put in place to ensure that social distancing is maintained.

Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches). Ensure activities follow the latest guidance. • If space allows, increase social distancing between players during heavy exertion.

Checklist (Coaches please try and implement)

- Parents briefed on activity and have given informed written consent to do activity
- Data Privacy Policy/ Notices updated to cover data handling of attendees to aid NHS Test and Trace
- Coaches to check that self-screen checks have been done and were all negative.
- Sanitiser / paper towels for each group
- Well marked training areas that are clear and concise
- Keep equipment clean, Limit sharing, break for cleaning hands
- Players to bring and use own water bottles and hand gel that is named
- Keep record of dates and attendees of all sessions including coaches
- Still social distance during session where possible
- If a trained first aider is treating an injury, wear a mask and gloves
- Parents to stay at session and social distance